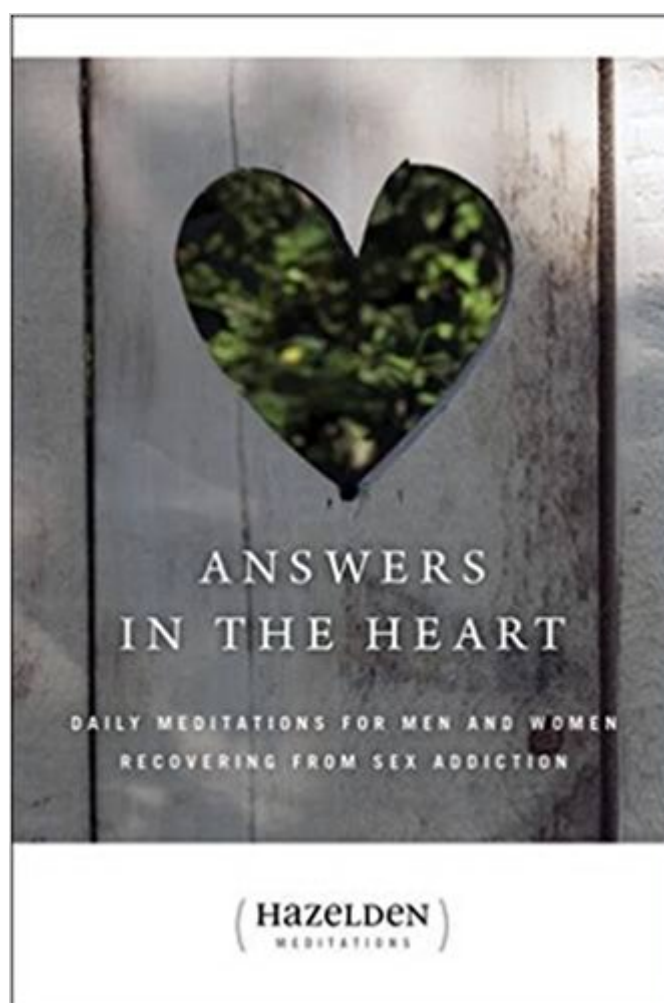


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# Answers In The Heart: Daily Meditations For Men And Women Recovering From Sex Addiction (Hazelden Meditation Series)



## Synopsis

These meditations guide us to the strength and courage within ourselves that is necessary to face the lingering shadows of sex addiction. These meditations guide us to the strength and courage within ourselves that is necessary to face the lingering shadows of sex addiction. With the inspiration and support unique to Hazelden meditation books, *Answers in the Heart* provides solace for the pain and inspiration for lasting recovery.

## Book Information

Series: Hazelden Meditation Series

Paperback: 400 pages

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Average Customer Review: 4.9 out of 5 stars 84 customer reviews

Best Sellers Rank: #31,500 in Books (See Top 100 in Books) #4 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > AIDS #8 in Books > Health, Fitness & Dieting > Addiction & Recovery > Sexual #109 in Books > Health, Fitness & Dieting > Addiction & Recovery > Substance Abuse

## Customer Reviews

Hazelden Meditations Hazelden Meditations is a contributor for the following Hazelden Title: *Keep It Simple*

I love this book. It's been a huge help to me and my recovery from addiction. There are quotes that start every devotional thought that are very inspirational points of view from not just Christian thoughts. The devotionals have so much wisdom and insight that one needs to recover from their addiction. Take time to soak these in through times of prayer with you Higher Power and know that there is hope for you. The end of the devotionals have a perfect summary of what you just read. It's been extremely helpful for me to write these affirmations down on a 3x5 card to remember what inspired me about the devotional. This book is a must have for anyone in recovery and contains hope for a better life and renewed sense of self image and lots of encouragement that you are not alone

in this struggle.

Great meditation book for addicts and nonaddicts alike. I have been reading it every morning. Some of the messages are very profound and thought provoking.

My first copy of this book is showing signs of being read almost daily for the past five years. I wanted another copy on hand for when the first copy started falling apart from being used so much.

A must have book for anyone who wants to find some amazing and helpful wisdom that can be applied to life each day for a better, more rewarding and more fulfilling life.

Every Man need to meditate of God the father..

This was a gift and it was praised very highly by the recipient.

For nephew.

Just what I needed. I like the new covers. Thr old one as a bit to artsy.

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Meditations) Addiction and Recovery: How to Overcome Alcohol, Gambling, Drug, Sex, Food, and Technology Addictions (Addiction, Substance Abuse, Addiction and Recovery, Alcohol Addiction)  
Sex Starved Marriage: Sex in Marriage: 31 Best Demonstrated Sex Positions Every Married Couple Should Try To Spice Up Their Sex Life (Scream, harder and longer, Sex positions, Sex Tips, Sex Guide) What Men Won't Tell You: Women's Guide to Understanding Men (How to read their minds, what men want, why men cheat, why men won't commit, why men lose interest, how to avoid rejection from men) Tending Dandelions: Honest Meditations for Mothers with Addicted Children (Hazelden Meditations) Gambling Addiction Cure: Gambling Addiction Cure and Recovery of Your Life (Addiction Recovery, Addiction Gambling, Quit Smoking, Addictions) The Nicotine Addiction Cure - How to Avoid Triggers, Manage Withdrawal Symptoms, and Quit Nicotine & Smoking for Life (tobacco addiction, nicotine addiction, ... recovery, smoking addiction, stop smoking,) Hepatitis C: A Hazelden Pocket Health Guide (Hazelden Pocket Health Guides) Porn Addiction: How to Quit Porn, Porn Addiction, Step-by-Step Easy Guide to Control Your Porn Addiction, Stop Watching Porn in 7 Days! (Porn Addiction, Improve Your Relations, Live Happier Life) Tantric Sex: The Truth About Tantric Sex: The Ultimate Beginner's Guide to Sacred Sexuality Through Neotantra (Tantric Sex Books, Tantric Sex For Men And Women)

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